



# News Release

---

**For Immediate Release: January 22, 2006**

Contact: Simone

Program Facilitator at Chelan-Douglas Health District  
886-6400 for information or to sign up for classes

On Jan. 4, 2007, Chelan-Douglas Health District and Columbia Valley Community Health were awarded a March of Dimes Community Grant for \$12,588. Chelan-Douglas Health District and Columbia Valley Community Health are excited about the opportunity to work together on this project.

The grant will fund the March of Dimes Comenzando Bien® program, which focuses on reducing disparities in birth outcomes between the low-income Hispanic community and the general population in Chelan and Douglas Counties.

Participants will be low-income, Hispanic women who are pregnant with their first child and who reside in Chelan or Douglas Counties.

The program is funded for two series, one beginning in March, 2007, and the other beginning in September, 2007. Each series will consist of eight weeks of classes, with meetings held once a week in the evening at the Wenatchee Community Center.

## **About the March of Dimes**

The March of Dimes works to improve the health of babies by preventing birth defects, premature birth and infant mortality. For more information, visit [marchofdimes.com](http://marchofdimes.com) or [nacersano.org](http://nacersano.org) for Spanish.